

**SYFA Golden Eagles / 3rd Grade
Parents Meeting
Thursday, August 4th, 2005
7:15pm**

Team Coaches	Home Phone	Game Day Phone
HC – Bill Porter	372-0672	743-9334 cell
AC – Mark Habiger	372-8866	762-2204 cell
AC – Tony Smith	372-2926	762-6338 cell

All handouts and information will be posted at:

Our Team Website – <http://www.cyber-shack.net/2015/index.htm>

Our Priorities:

1. Health, Well Being, and Safety of the Kids
2. Sportsmanship
3. Have Fun
4. Teamwork & Teaching The Basics of Football
5. Winning

Kids Priorities Usually are:

1. Have Fun
2. Winning

Practice Times:

3rd Grade Practice Times			
	Days	Time	Location
Before August 13th	Mo, Tu, Th, Fr*	5:30 - 7:30 pm	Strickland Park
After August 13th	Tu, Th, Fr*	5:30 - 7:30 pm	Strickland Park

* Practice on Fridays will **end** at 7:00 pm, beginning with the first Stillwater High School Football game.

NOTE – While we will have a can of water available, players should bring water to practice. (Plastic Bottles Only) Fluid intake is very important.

SYFA Rule - Players are not allowed to wear Game Jerseys or Game Pants to practice.

Important Dates:

August 13th – 1st Preseason Scrimmage – TBA

August 20st – 2nd Preseason Scrimmage – TBA

August 19th – Fundraiser Due.

August 27th – Regular Season Starts, 1st Game – TBA

Labor Day Weekend, No Games

September 13th – Picture Day, **Wear Game Uniforms**

November 1st – Playoffs Begin

November 12th – INFC Finals

Game Schedule will not be available for at least 2 weeks!

Volunteerism: Very important to team. Below is a list of help needed:

Fundraiser Parent

TV – 31 Parent

Booster Parent

Fundraiser Parent:

Started	August 1, 2005
Ends	August 19, 2005

Need Parent to watch over and collect the orders, answer questions, let us know how we are doing.

TV – 31 Parent:

Individual Teams are responsible for a \$225 sponsor. Sponsor gets a commercial aired and also mentioned throughout game day.

Need parent to volunteer to obtain sponsor or collect donations. If we (team) comes up with the \$225 the commercial can be made about the team, i.e. introduce the players.

Booster Parent:

Booster Parent would work with other parents to develop noisemakers, lead yells, paint cars for road trips etc. Some SYFA Booster Parents have made flags and rattles for the stands. Could be very fun and the kids love the support.

Coaching Staff:

All of us are volunteers, there is no compensation, coaches actually have to pay to become certified by the National Youth Sports Coaching Association.

Each assistant coach has to pay for their child to participate like everyone.

Only Certified Staff on the practice and game field!

Positions:

All positions are open, and kids will have chance to compete
Coaches will consider position participant wants to play
Coaches will reach a consensus on positions each participant plays, (which will be for the betterment of the team)

Timeliness:

This season is a team effort involving coaches, parents, and participants.

This has been one of the biggest frustrations I have encountered over the years while coaching. Rosters have to be turned in prior to weigh in. If a player shows up late the roster has to be changed if there is time. In addition the participant does not properly warm up and is at higher risk for injury. Also, the team does not get to prepare properly because someone has to be moved out of their position to cover for an absent player. Everyone practices hard each week to be prepared and showing up late on game day sets the team back. It is just as easy to show up 5 minutes early as it is 5 minutes late!

- Very Important for Coaches to be here on time.
- Very Important for Participants to be to practice on time.
- Very Important to Coaches and Participants that they be picked up on time.
- Extremely important for ALL players to be at the Game **1 HOUR** prior to the start. *It is just as easy to show up 5 minutes early as it is 5 minutes late!*

Communication:

Communication between parents and coaching staff can be very important. Our coaching staff is very approachable and open to questions. If you have any question or concern regarding how your child is being coached, call us or visit with us before or after practice.

INFC:

SYFA is a member of the Indian Nations Youth Football Conference. There are over 23 organizations and over 260 teams participating. That is over 1,150 games this season.

- Participation Rules. 3rd Graders play a minimum of 12 plays.
- The following weight limits will be utilized for all INFC games.

Grade	Maximum Offensive Back	One Striper (<i>Cannot Carry Ball, Can be linebacker</i>)	Two Striper (<i>Cannot Carry Ball, Must be in down position</i>)	Maximum Weight
3rd	75 lbs	over 75 to 100 lbs	over 100 lbs	120 lbs

- **If participant is not present at weigh in (for any reason), participant will not play in game.**
- **Only Certified Staff on the practice and game field.**

SYFA:

Founded in 1999. Had 116 players and 4 teams. This year we have over 200 participants and ___ teams.

- Keep Practice Fields Clean of Trash. (Police area after practice.)
- Sportsmanship
- Practice will be held in rain and cold weather. The only time practice will be cancelled is due to lightning or extreme temperatures. The determination will be made at the field prior to practice.
- Make the coaches aware of any existing health concerns you have regarding your child.

Team Rules:

These rules are a combination of SYFA and the 3rd Grade Coaching Staff:

- The team will begin warming up for the game **1 hour prior** to the start of the game. No exceptions.
 - Take care of uniforms and equipment. Don't throw helmets.
 - Sportsmanship / on field / on the bench / in the stands.
 - No practice / No Play
-

Helpful Hints for Parents:

Always gather child's equipment together in one spot the night before the game.

Make sure the mouthpiece is attached to the helmet. No mouthpiece, No play.

Double-check the equipment as you load it into the automobile for travel to the away games. Make sure you have it all. Make a check list.

Make sure you have a map and a good understanding of where you need to be and how long it will take to get there. Allow plenty of time.

Cold and Wet Weather Clothing Very Important – Especially for the hands. It can catch everyone off guard. Don't wait until the weather changes to be prepared, prepare now. Know what your child will wear if the weather changes tomorrow.

It is not healthy or safe for your child to not properly warm up and focus on the game. That is why they need to be there **on time**.

Fluid intake is very important. Make sure your child gets plenty of fluids through out the day and prior to practice. While we will have water at practices and at the game, **we encourage each player to bring their own water or sports drink to practice.**