

Cyber Coach Free Resource

Public Domain Document

Cover Sheet: cc_O_wt02

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Courtesy of:

Document Title: WT2

Season(s) used:

Age Group: 5-14 yrs

Grade(s): 3rd through 7th

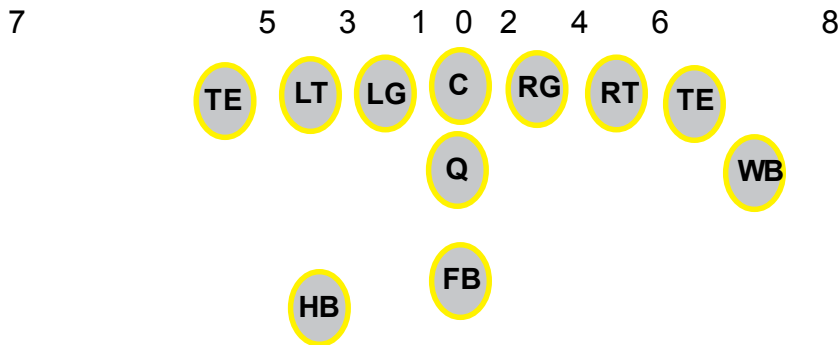
Description: Wing T Formation Offensive Plays. These plays represent a base offense that can be extrapolated into a total offensive scheme.

Courtesy of Cyber_Coach: <http://www.cyber-shack.net/CyberCoach/>

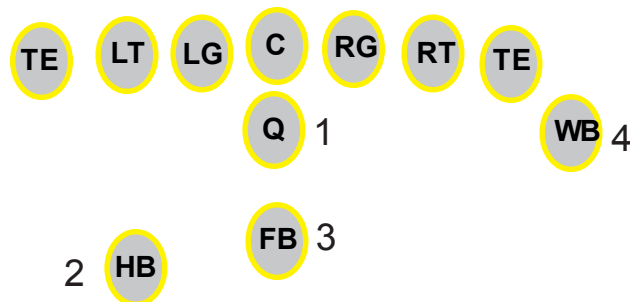


Numbering System

The following are how the holes in the offensive line are numbered. Right even, Left odd.



The following are how the offensive backs are numbered.

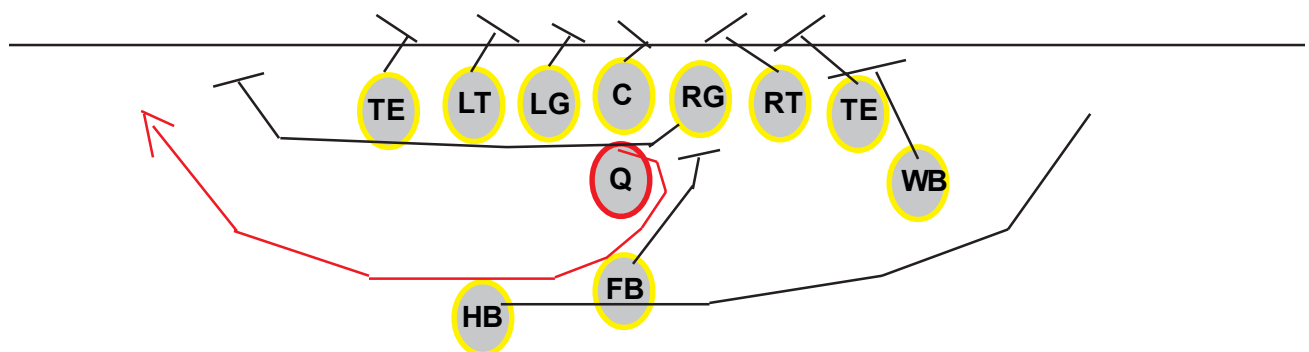


This is a basic set of Wing T plays. It is a simple system that can be executed fairly easy. You can add to this by flipping sides and splitting out receivers.

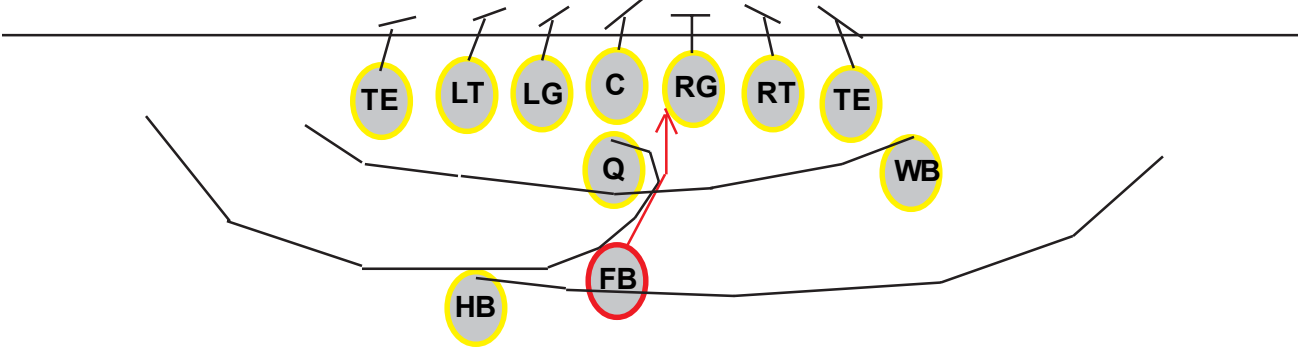
Each back must carry out all fakes. Put your most athletic lineman and best blocker at the right guard.

You will need to build a slight delay or fake in starting the halfback to get the proper timing.

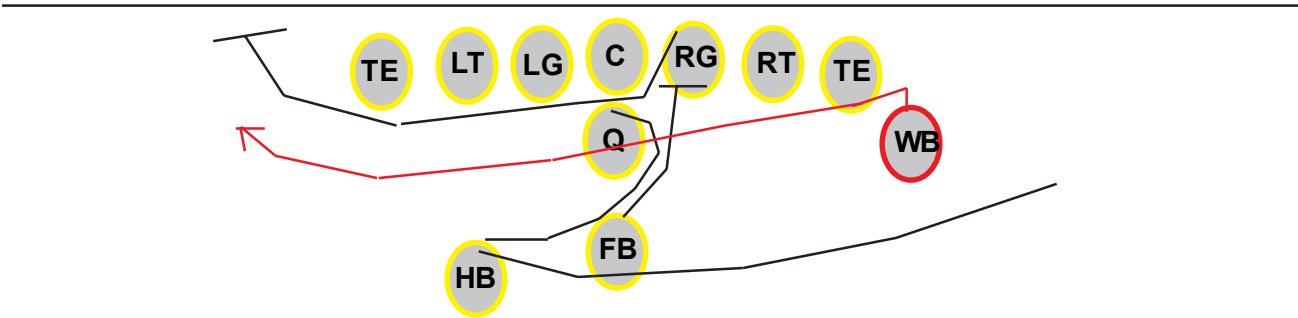
17 Boot



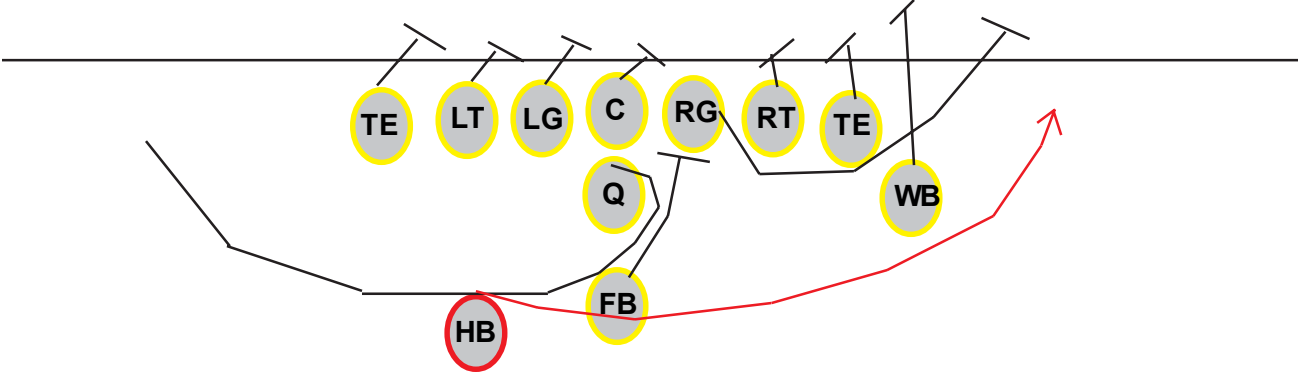
32 Dive



47 Reverse



28 Sweep



Double Reverse

