

Mexican Food

Refried Beans (Frijoles)

INGREDIENTS

- 1/2 cup Crisco
- 2 cups Cooked Pinto Beans
- 2 tablespoons Chile Powder
- 1 tablespoon Ground Cumin
- 1 teaspoon Salt
- 1/8 teaspoon Ground Black Pepper

PREPARATION

- Heat Crisco in a skillet over medium heat until hot. Add pinto beans; cook for 5 minutes, stirring occasionally.
- Mash beans, then stir in remaining ingredients.
- Cook and stir until a smooth paste forms, about 5 minutes. Add additional Crisco if necessary.
- Garnish with Shredded Cheese, if desired.

Serves 6.