

White Chicken Stock  
Grocery List

4 lbs uncooked Chicken Legs, Wings, or Backs  
2 stalks Celery  
1 Carrot  
1 Large White Onion  
2 Leeks  
4 Sprigs Fresh Flat Leaf Parsley  
4 Sprigs Fresh Tyme

Brown Chicken Stock  
Grocery List

4 lbs uncooked Chicken Legs, Wings, or Backs  
2 tablespoons Peanut Oil  
2 teaspoons Tomato Paste.  
2 stalks Celery  
1 Carrot  
1 Large White Onion  
2 Leeks  
4 Sprigs Fresh Flat Leaf Parsley  
4 Sprigs Fresh Thyme