

Cyber Coach Free Resource

Public Domain Document

Cover Sheet: cc_O_I01

Date published to web: 4/27/2000

Discussion ID: I1

Courtesy of:

Document Title: I Formation Offense

Season(s) used: 1997-1998

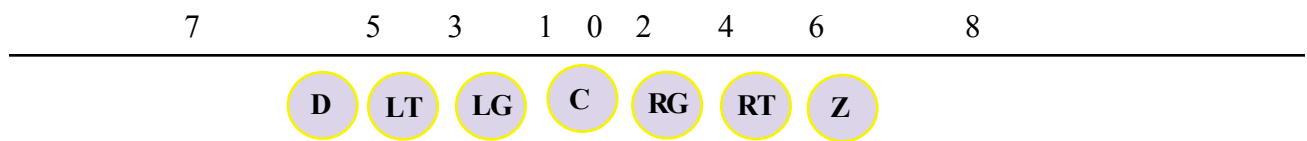
Age Group: 10-14 yrs

Grade(s): 4th through 7th

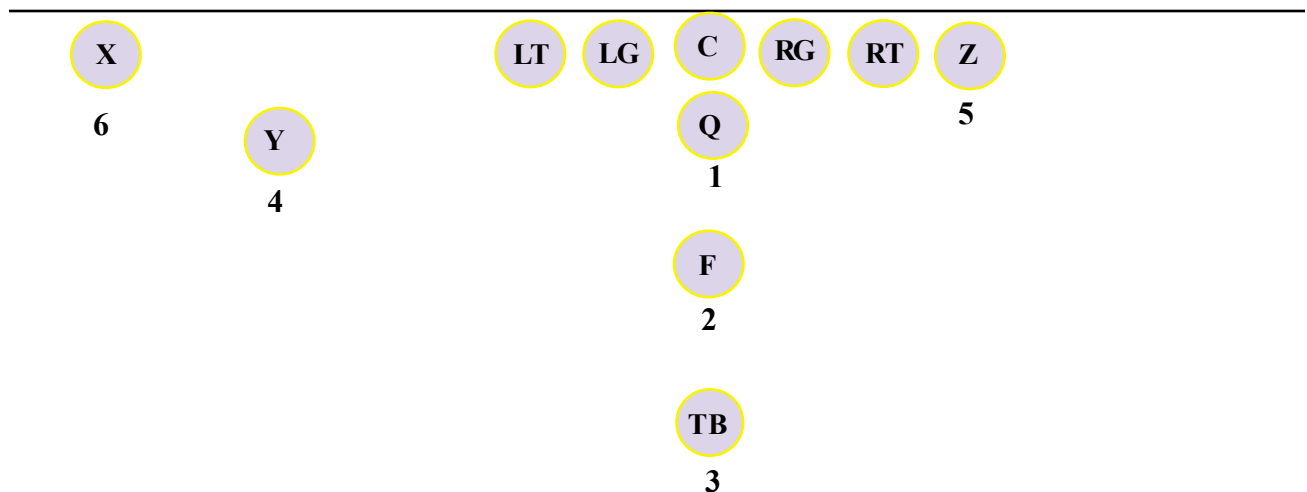
Description: I Formation Offensive Plays. These plays represent a base offense that can be extrapolated into a total offensive scheme.

Numbering System

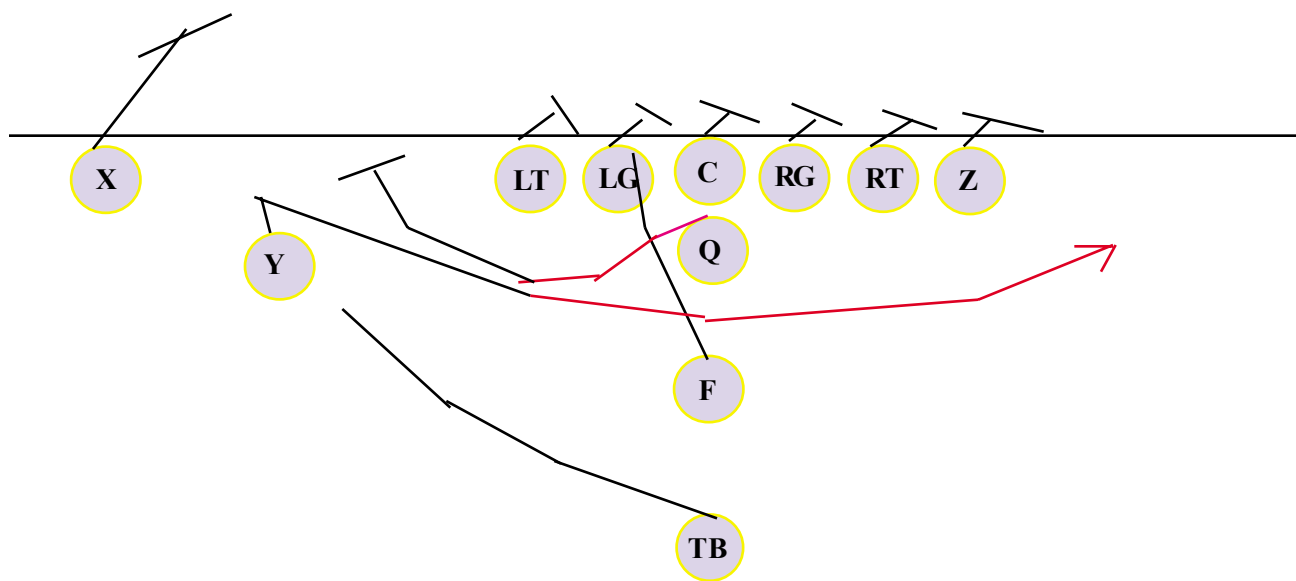
The following are how the holes in the offensive line are numbered. Right even, Left odd.



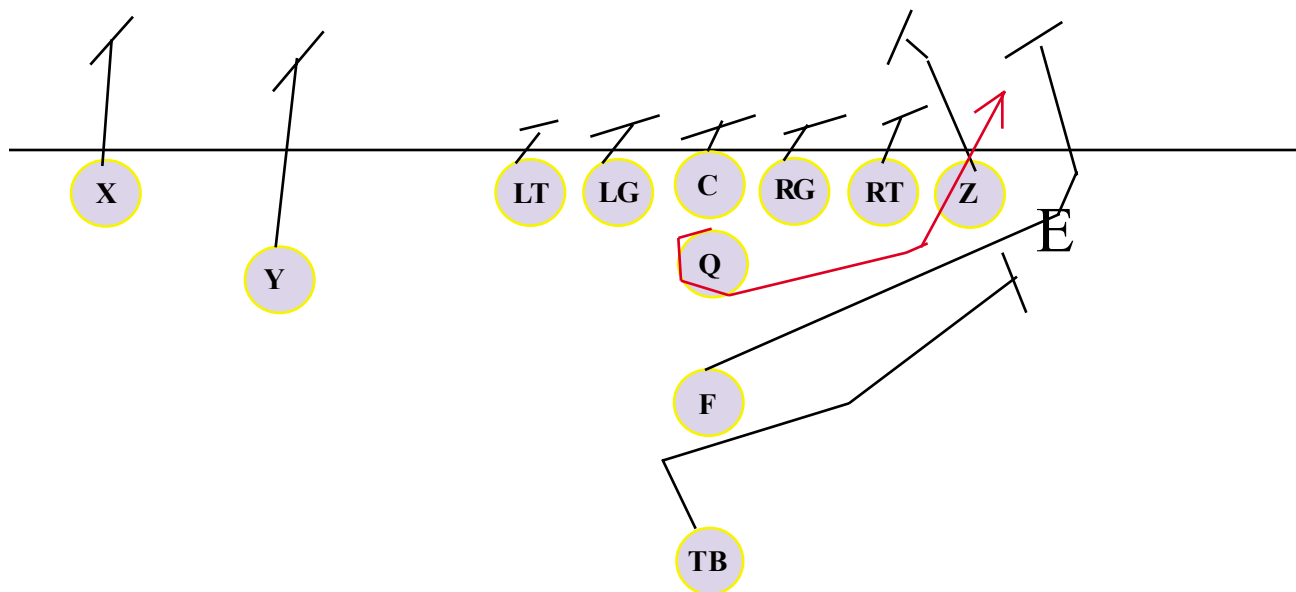
The following are how the offensive backs are numbered.



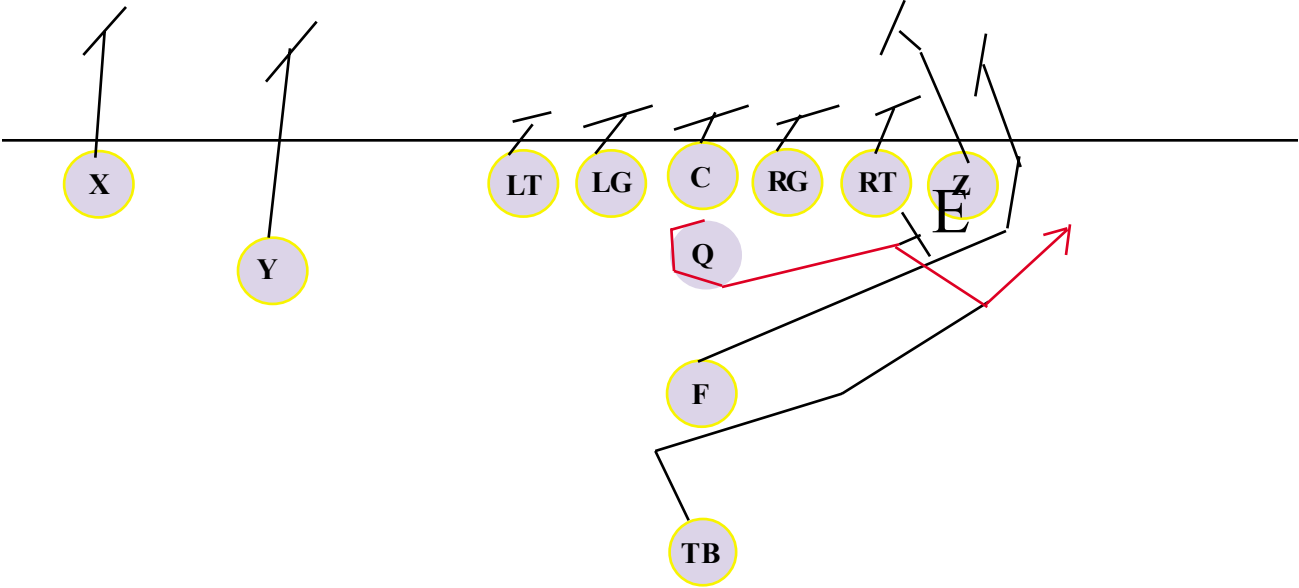
48 Reverse



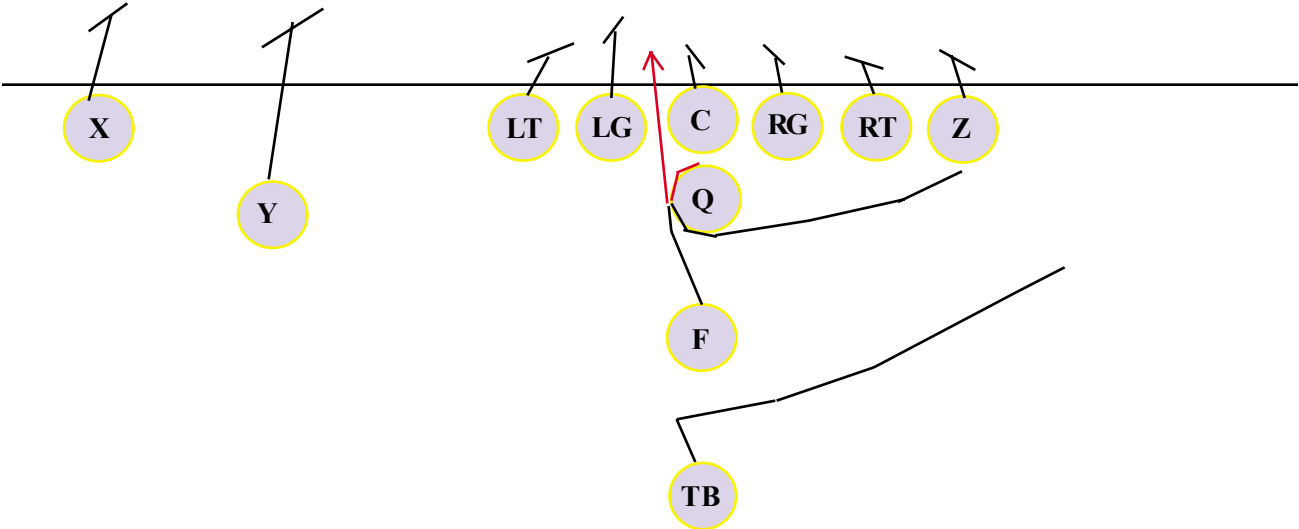
16 Option



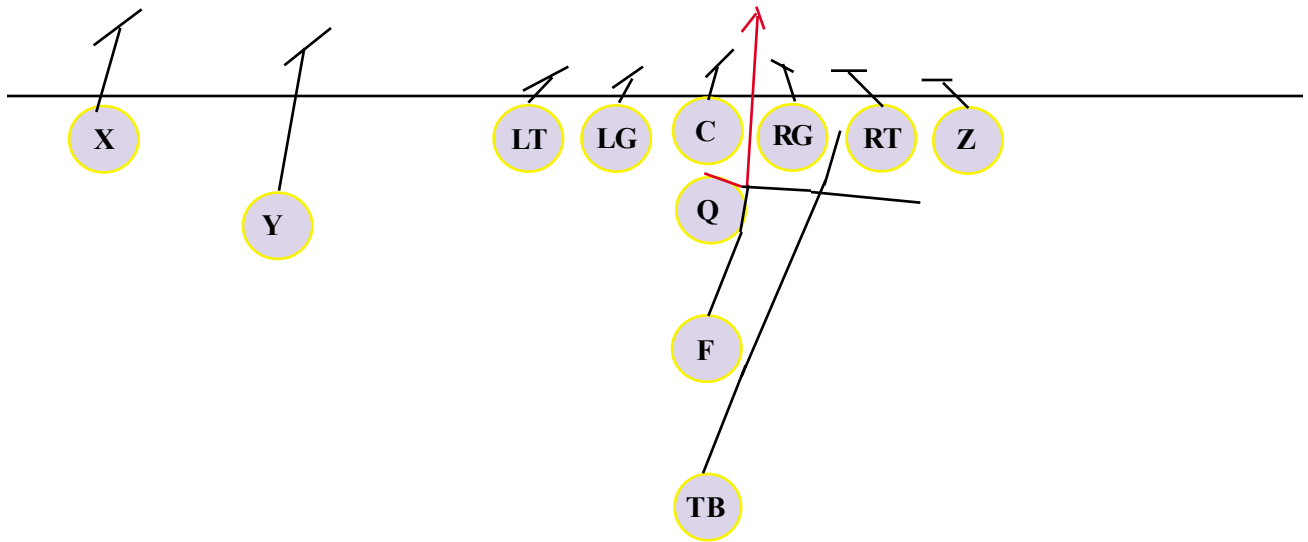
36 Option



21 Option



22 Buck



31 Buck

