

Cyber Coach Free Resource

Public Domain Document

Cover Sheet: cc_O_I02

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Courtesy of: Cyber Coach

Document Title: I2

Season(s) used:

Age Group: 5-14 yrs

Grade(s): 3rd through 7th

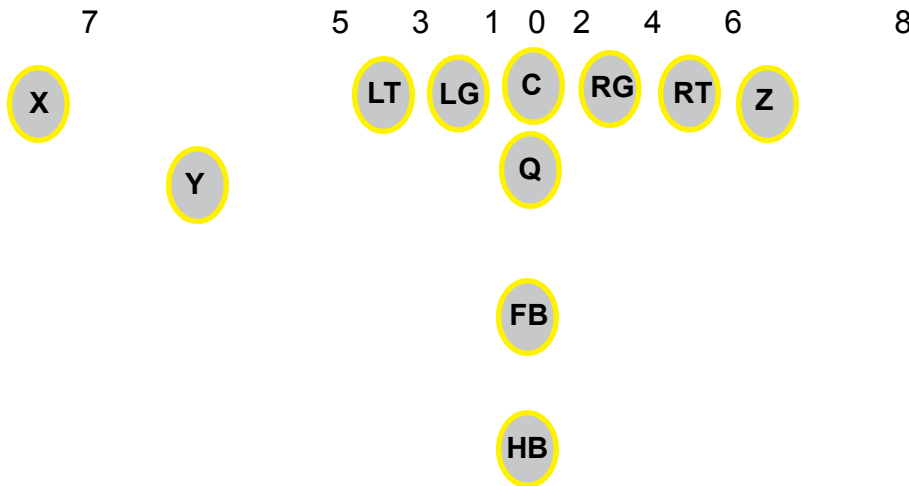
Description: I Formation Offensive Plays. These plays represent a base offense that can be extrapolated into a total offensive scheme.

Courtesy of Cyber_Coach: <http://www.cyber-shack.net/CyberCoach/>

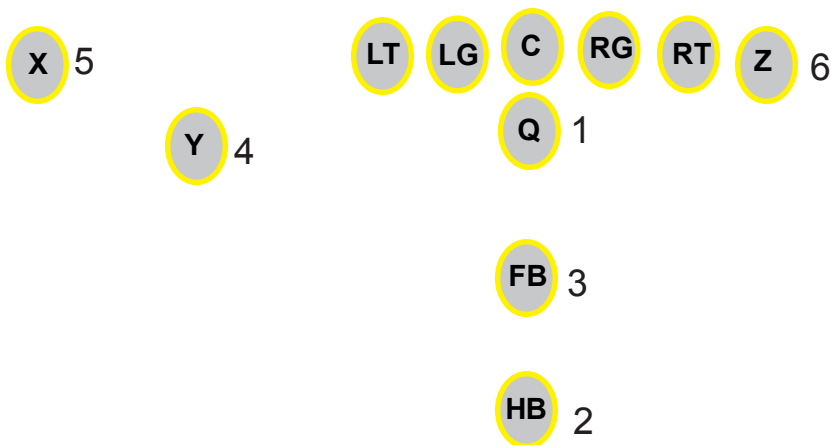


Numbering System

The following are how the holes in the offensive line are numbered. Right even, Left odd.

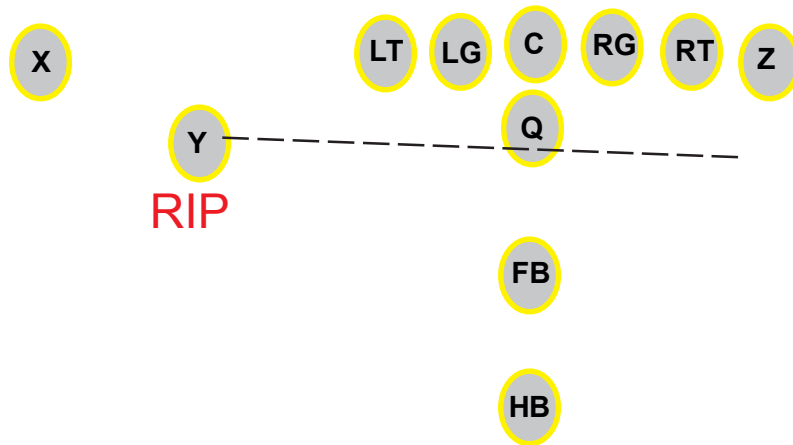


The following are how the offensive backs are numbered.

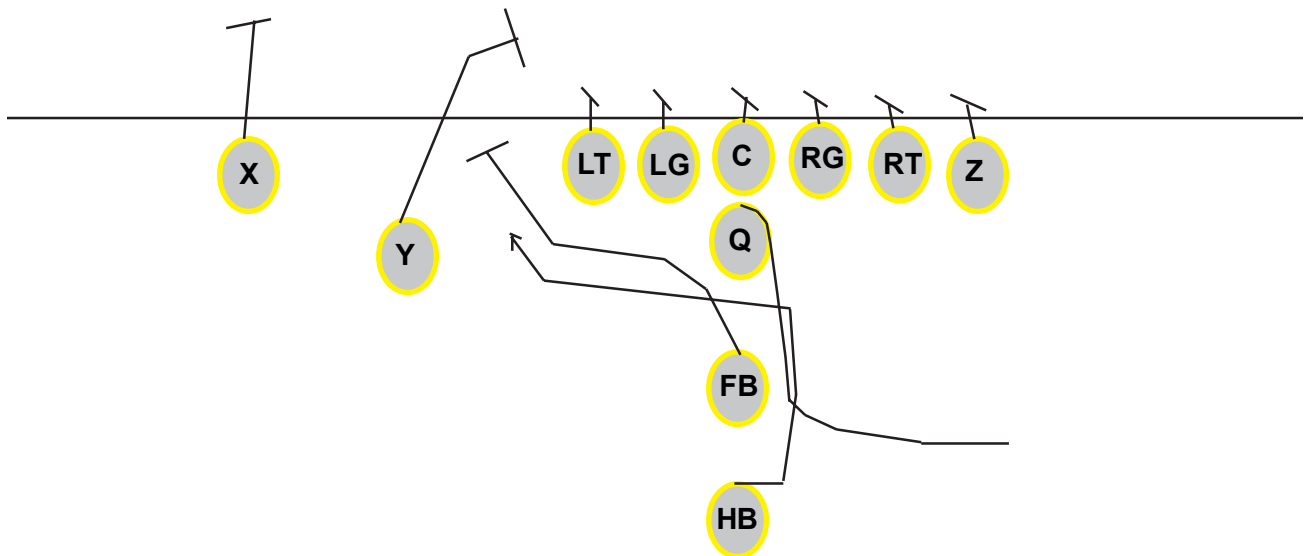


This is a basic set of Split Back plays. It is a simple system that can be executed fairly easy. You can add to this by flipping sides and splitting out receivers.

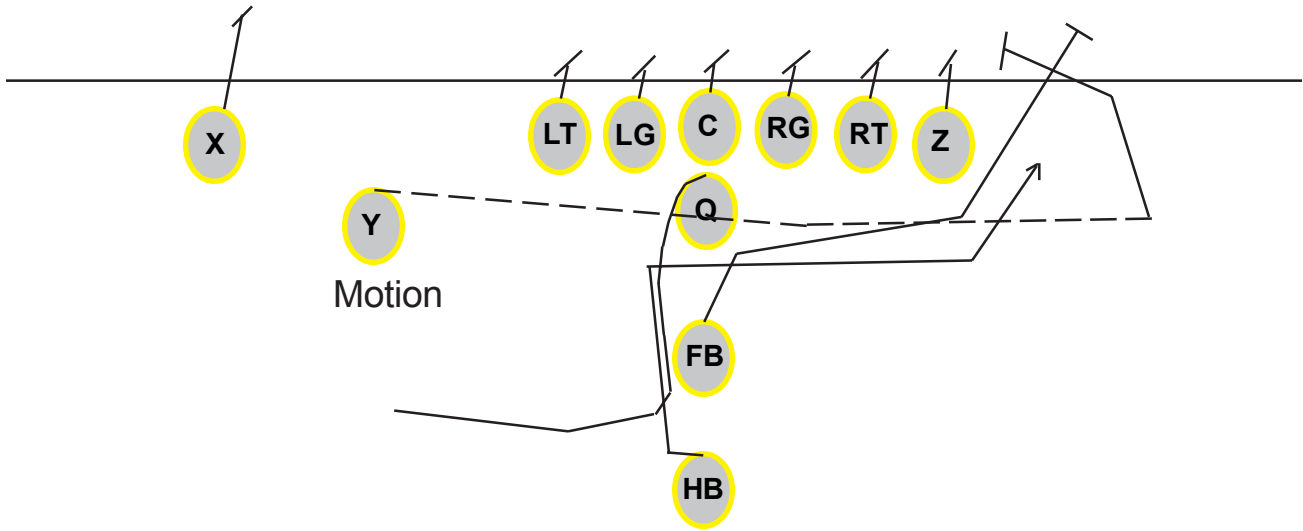
You can put the Slot Back (Y) in Motion by calling **RIP** in the huddle.



27 Fullback Lead



28 Fullback Lead RIP



Y Out

